Attachment: Media Coverage and Pictures Quarter 3 2023

Poster Malawi National Para Games 28 December 2023
News and Social Media Coverage Malawi Paralympic Committee (Quarter 3 2023)
Sports Council commits support for parasports

SINGAYAZI KAMINJOLO
Staff Reporter

Malawi National Council of Sports has assured the Malawi Paralympics Committee (MPC) that government is committed to supporting the development of parasports.

Sports Council chairperson Sunduzwayo Madise made the commitment during the prize presentation of the National Para Games at Bingu National Stadium in Lilongwe on Thursday.

He said: “I would like to assure you that the government, through Sports Council, will continue supporting para-sports to make sure that they implement programmes that will assist in developing the game.

“At the same time, let me remind the association to keep following the sports association management guidelines that were introduced by the council because that is the only way we can develop and promote sport in the country.”

Madise (in cap) appreciates a game of chess

Madise said the incorporation of para-sports in the Malawi Youth Games is a demonstration that Sports Council wants to see the sport to develop from the grass roots.

He expressed satisfaction with the performance of para-athletes as well as the Malawi Paralympic executive committee and has since appealed for corporate support.

MPC president James Chiwusi described the national championship as a huge success.

He said: “We surpassed what we wanted to achieve, including identifying athletes for the upcoming international competitions. We also wanted to test our events managing abilities.

“Further to that, we wanted to show stakeholders that whatever support they are giving to the committee is bearing fruit. So, we are very happy today.”

The event drew 120 para-athletes countrywide. Initially, MPC had anticipated 200 athletes to take part.

The athletes competed in field and track, wheelchair basketball, chess, powerlifting and others.

Chiwusi thanked government, K-2 Transformers, British and Irish embassies for their support.

Malawi Sports Schools Association president Blackson Malamula commended MPC for the successful organisation of the event.

He said: “We are impress because they are targeting schools. Our expectation is that the talent identified today will be nurtured and monitored so that it can represent the country in the future.”
YEAR ENDER

FCB powers youth football

By Mphatone Modidi

First Capital Bank (FCB) underscored its commitment to youth football after increasing the package for the 2023 Kagiso Under-20 League to K4.45 million from K1.8 million.

FCB Head of Marketing, Tsheko Chena, speaking during the launch in Kagiso, said the bank was excited to continue supporting football at a grassroots level.

"The FCB continues to prioritize grassroots development in football, which is the bedrock of our game," Chena said.

The Kagiso Under-20 League is a popular competition in the region and the bank's support is aimed at enhancing the opportunities for young players.

The league, which is now in its 20th year, has produced some of the country's best players, including current internationals.

FCB has been a consistent supporter of football in the region, with its involvement spanning various levels of competition.

"With a strong belief in the potential of our youth, we aim to provide the best possible platform for them to develop their skills," Chena added.

The Kagiso Under-20 League concluded with a final between Charlton Thembela of Kagiso and Kagiso United, with Charlton winning 3-2.

The annual event is a testament to the quality of football in the region and the commitment of clubs to developing young talent.

MPC lauds regional qualifiers

By Lynettele Meena

Azizi Paralympic Committee (MPC) has lauded the efforts of regional qualifying events, which took place earlier this year.

The MPC lauded the 28 regional qualifiers for their hard work and dedication to the sport.

"The success of the regional qualifying games serves as a testament to our commitment to inclusivity and the advancement of athletes with disabilities," said MPC Regional Chairperson, Thembeka Mlambo.

The committee noted the achievements of athletes who participated in the qualifiers, highlighting their determination and resilience.

"Your efforts in encouraging and allowing children to actively participate in various sporting events is awesome," Mlambo said.

The commitment is fundamental in shaping a future where every athlete, regardless of ability, is given the opportunity to thrive and be represented on the sporting stage," she added.
The rise and rise of Paralympics in Malawi

MPC empowers Para Powerlifting technical officials

Malawi Paralympic Committee (MPC) has started training technical officials as one way of developing Para Powerlifting.

MPC Vice President Joseph Galange said the initiative is aimed at improving the standards of para sports, particularly in the field of powerlifting.

Galange made the remarks at Blantyre Youth Centre on Monday, when the association conducted powerlifting training for coaches drawn from the six districts across the Southern Region.

"For us to have exceptional athletes, we need exceptional coaches. The focus of the training was to enhance coaches' skills in coaching, training and producing individuals with physical disabilities who can excel in sports," Galange said.

He said the training session served as a platform for MPC to empower coaches with the necessary skills to identify and nurture latent talent within the para sports community.

"We are nurturing the development of para powerlifting talents who will help the committee identify and groom potential para powerlifting athletes capable of representing Malawi on the international stage," he said.

Galange expressed optimism about the positive impact of the initiative, believing that it would contribute significantly to the growth and recognition of para sports in the country.

The training programme drew participants from Blantyre, Malange, Phalombe, Chitala, Zomba and Machinza.

Speaking on behalf of other stakeholders, Kamuzu University of Health Sciences Sports Complex General Manager George Chithungu applauded MPC for the effort.

"The organisation has taken the right steps to empower para athletes, ultimately contributing to the expansion of the talent database. By investing in the development of coaches, the committee will fortify the foundations of para sports in Malawi, ensuring a continuous influx of skilled and dedicated athletes," Chithungu said.

One of the participants, Gloria Kalunda from Phalombe, emphasised the potential of Malawi to thrive in para powerlifting.

"This initiative has the potential to elevate Malawi's standing in para powerlifting and, with dedicated coaches, we can create a formidable team," she said.
**National Paralympic Games start today**

**SINGAYAZI KAMPHOLE**
**STAFF REPORTER**

National Paralympics Games are scheduled to start today at Bingu National Stadium in Lilongwe with 200 para athletes expected to participate.

Malawi Paralympic Committee president James Chirwa said people should expect a competitive event.

He said: “This is the biggest para games event domestically and athletes will compete in wheelchair basket, sitting volleyball, para athletics, blind chess and para powerlifting.

We have athletes from every corner of the country and they will compete in five sports disciplines. This will give them a chance to participate and also to witness the growth of the para sport in the country.

The theme of the games is Developing an Elite Para Sport at National Level.”

Chirwa thanked sponsors such as International Paralympics Committee, K2 Transformers, Loughborough University, AT 2036, Malawi National Council of Sports and University of Malawi for their financial and technical support in organising the event.

Qualification games were held last weekend at regional level.

MPC treasurer Patric Nkhoma, who presided over the regional qualifiers last weekend, said the best has been selected. “Every athlete was eager and willing to make it to national games because they know that if they perform badly at the qualifiers, they would not make it. So people should expect tough competition,” he said.

Central Region Paralympics Committee chairperson Paul Malange expressed optimism that his region will dominate. “Last time, we dominated and I believe from the preparations we have had, we will do well again. We have had good preparations and we are ready,” he said.

**Malawi Paralympic Committee introduces para throws**

**SOLOMON MANDA**
**STAFF REPORTER**

The Malawi Paralympic Committee (MPC) has introduced para throws as a way of diversifying its sporting activities for people with disabilities.

MPC vice-president Joseph Galleja said during the training of athletes and coaches at Kamuzu University of Health Sciences (Kushes) Sports Complex in Blantyre on Monday that they would like to give every person with disability a chance to take part in sports.

Para throws add to existing disciplines for para athletes in the country such as para powerlifting, sitting volleyball and wheelchair basketball.

“We are trying to give para athletes a range of sporting activities they can comfortably engage in. Throwing activities such as javelin, shot put and discus are vital to the physical health of our para athletes. We believe they will develop the skills and enjoy the games,” he said.

One of the trained para throws athletes Tapiwa Kamanga said she was happy to have learned a sport she likes.

“I believe I have now found a sport that I can excel in. I will work hard to polish my skills and become a super star,” she said.

Facilitator of the International Paralympic Committee-funded training, AicheMumbilla and IPC-accredited para athlete classifier Jacqueline Pahuwa, advised the para athletes and coaches to keep on training to develop their skills.
Malange, Chairperson of MPC Central Region, Urges Athletes to Strive for Excellence

In a recent address, Paul Malange, Chairperson of the Malawi Paralympic Committee (MPC) Central Region, passionately urged participating athletes to intensify their efforts as they strive for excellence in the upcoming national games scheduled for December. Malange emphasized the significance of the qualifiers as a pathway for selecting the cream of the crop to represent the region at the national level.

Addressing a gathering of dedicated athletes at the regional qualifiers held at Kamuzu Institute for Sports, Malange emphasized the importance of hard work and dedication in achieving success in the highly competitive field of Paralympic sports. He remarked, "I encourage all participating athletes to channel their focus towards the upcoming qualifiers for the national games in December. This is a crucial opportunity to showcase your talents and determination."

Malange highlighted the committee's commitment to identifying and nurturing exceptional talent within the Central Region. "The committee will need to pick the cream of the crop—those athletes who exhibit outstanding skills, dedication, and a strong spirit of sportsmanship," he stated. "The national games in December serve as a platform for athletes to not only represent their regions but also to inspire others and contribute to the growth of the Paralympic movement in Malawi."

The Chairperson acknowledged the challenges and obstacles that athletes with disabilities may face but stressed that overcoming these hurdles is a testament to their resilience and determination. "Each one of you has the potential to make a significant impact, not just in your personal achievements but in inspiring a generation of athletes who dream of following in your footsteps," Malange added.

As the regional qualifiers unfolded, Malange actively engaged with athletes, offering words of encouragement and support. He emphasized that the MPC Central Region is not only focused on developing top-tier athletes but is equally dedicated to fostering a sense of community and camaraderie among all participants.

In conclusion, Paul Malange expressed his confidence in the abilities of the athletes and their potential to shine on the national stage. "Believe in yourselves, work hard, and give it your all. The MPC Central Region is proud to be part of your journey, and we look forward to witnessing your achievements, not only in the qualifiers but also on the grand stage of the national games in December," he concluded.

The words of encouragement from Paul Malange resonate as a motivating force for athletes to push their limits, embody the spirit of competition, and strive for success in the upcoming qualifiers. The MPC Central Region's commitment to identifying and nurturing talent reflects the broader mission of the Paralympic movement in Malawi—empowering athletes to reach new heights and inspiring the nation with their remarkable achievements.
Malawi National Council of Sports
28 December 2023 at 09:00

The opening ceremony of the 2023 Para Games national finals is currently underway at the Bingu National Stadium. Over 100 athletes will compete in different events including Chess, sitting volleyball, weightlifting, and athletics.

Malawi Paralympic Committee President live on Malawi Broadcasting Corporation explaining the 2nd edition of the Malawi Para Games.
Paralympics to hold national championship

Malawi Para School Games July 2023:

Lions Club tourney raises K6.8m

Precious Medical awards Mwaungulu, Lungu
Paralympic body lobbies for funding increase

SINGAYAZI KAMINJJOLO
STAFF REPORTER

The Malawi Paraolympic Committee (MPC) has lobbied the government and international sports governing bodies to get increased funding for its athletes.

"We are already preparing for the 2024 Paris Games, but we are yet to receive any allocation," said Sports Council regional officer (centre) Wizz.

A sitting volleyball game underway at Kamuzu Institute for sports

100 athletes to take part in Para Games

National Paralympics Games starts today at Bingu National Stadium in Lilongwe with 100 athletes scheduled to take part.

He said, "So far, everything is on track. The athletes will be accompanied by guardians or helpers to make them comfortable. We are grateful to among others, K2 Foundation as official sponsors, Malawi National Council of Sports and Malawi School Sports Association for supporting the event.

"We have invited 100 athletes from all regions of the country. The sports games will be available in tennis, basketball, sitting volleyball, powerlifting, athletics, chess and five-a-side football."

100 athletes to take part in Para Games

Paralympics sitting volleyball game at Kamuzu Institute for sports

The Malawi Paralympics Committee has demonstrated commitment to see the sport grow at national level. From one sport discipline to now ten sports codes, that's tremendous growth.

"It was commendable MPC for contributing to the development of the sport," he said. Marawi president Blackson Malamandu pledged to support Paralympic athletes in schools.

"We will ensure learners with disabilities in our schools are given an opportunity to take up sports of their choice. We will work with them during the games and beyond to ensure the sport grows and as many learners as possible get to take part," he said.

The games will also be used to select a team to represent Malawi in Ghana in September, where the 2024 Paris Games qualifiers will be held.
Pictures
Photo Credit: Malawi Paralympic Committee

Malawi regional qualifier events in Central and Southern Regions
Malawi: Athlete training camp activities
Malawi Para Games 28 December 2023
Ghana Paralympic Committee - Pictures

Photo credit: Prince Nyarko

Talent Identification camps and trainings in Bono Region, Kumasi (Ashanti Region) and Accra
Para Powerlifting World Championships in Cairo, Egypt, 30 October - 6 November 2023: Tahiru Haruna (107kg) and Isaac Obeng (59kg) pose with their bronze medals.